

I am your paddle...

This is who I am...

Although not considered a bondage fix, one of the first steps in many peoples journey in BDSM submission is experimenting with the sensations of spanking. Its intimate and 'up close and personal' nature entails both fear and excitement that gets both the spanker and spankee off. Most start out with just their bare hand and is usually carried out over the knee or in bed, but pretty soon the spanker's hand starts to hurt as much as the spankee and that's where the paddle comes in. It's the thrill of the thwack with the excitement of blushed red cheeks for the dominant, combined with the rush of guilty pleasure of being placed over their spanker's knee that makes the paddle such a favourite.

This is how you use me...

There's a paddle for every occasion and careful thought needs to go into your choice.

What do you want it for? The first thing to know about a paddle has to do with what you want to accomplish. Are you looking for beauty? For something intimidating? For something that will deliver the maximum amount of sting? For something that will leave marks? That won't leave marks? That will make the most sound? That will produce a particular kind of effect?

Next, consider the paddle shape and size. The most important thing to know about a paddle's effect has to do with the size of the paddle and the focused energy. The focused energy has everything to do with the amount of surface that strikes the skin.

So a huge leather paddle may have a rather muted effect when arriving at the buttocks. A curved surface like a wooden spoon, however, while smaller, can be devastating. This is because the force of the spoon is highly centralised in a surface less than a square in area and then rapidly reducing in force as you work your way outwards towards the edges of the paddle.

Don't believe me? Take a wooden spoon; try smacking yourself moderately on the same point - yes, the "exact same point" of one buttock 4 or 5 times rapidly. The heat that builds up is impressive. Be advised, that this heat is likely to result in bruises so - if that's not your thing, don't do this and, keep the arnica oil hanging around (You don't know about this wonder natural medication? It's for reducing bruises and yes, it works!)

Another thing about paddling is that the nerves in the buttocks can "overload" quickly. The result is complete numbness. That may sound good to you - but be very careful now. Just because a person can't feel the paddle blows, doesn't mean he/ she isn't suffering the effects. So you may be causing deep bruising without your knowing it.

Also, starting slow, taking breaks and working your way upwards in intensity almost always means a spankee can take a lot more than starting intensely. The blood rushes to the buttocks and the circulation makes the rest of the paddling somewhat more bearable.

Another factor, make sure you spankee is breathing! I mean breathing continuously. Stop breathing, it becomes impossible to take much more because everything focuses down. The circulation slows, you're in danger of fainting and the pain becomes more than you can bear.

Finally "Watch what you're doing!" Is the spankee's bottom getting too red too fast? Is he/ she bruising? Is he/ she going to far to please you? Does he/ she know the safe word? Etc. Pay attention while you play this way!

Ok, with all that said, here are some of the favourite implements in no particular order:

The hairbrush

This is, without a doubt the favourite type of paddling device. The best type of brush would have a slightly curved surface rather than flat. This focuses the sting in a tiny area (like the wooden spoon) and reddens and sensitises the entire area it strikes.

The bristles on the other side of the brush can then be dragged across the super-sensitive skin. No need to press hard. After the bottom is spanked, the bristles dragged even lightly will feel like steel.

Large leather paddles

They're mostly for show but a large leather paddle can be very imposing and generates a whole lot of effect just by being looked at. The swing of the paddle is impressive but get ready for some work on your wrist and arm because the wind resistance of swinging the large paddle will take more effort.

Don't swing your wrist, move the whole arm. Now, while the whoosh and smack of the paddle may sound impressive, remember that the impact is spread out over a wide area comparatively speaking.

Also, as the paddle arrives at the buttocks, the air becomes its own cushion. Getting a painful spank out of a large leather paddle like this takes a lot of force.

Paddle with holes (Sometimes referred to as a Spencer paddle)

Now, at the other end of the spectrum is a laminated plastic or wooden paddle through which holes have been drilled. The holes generate a tremendous difference.

The holes in the paddle allow the air to escape almost as rapidly as you swing.

This means there is no cushion of air as the paddle arrives at the buttocks. The result is, well, it's very different. The sound is not quite as loud but the impact is way harder. You immediately get little white circles (where the holes were) but get ready for likely bruising and a lot of vocal



feedback from your spankee! You'll need a lot less force to generate a much larger effect here. You just have to try a large leather paddle and a paddle with holes one after the other to see the difference.



Big paddles (cricket bats, fraternity paddles etc.)

You're talking serious hardware now. Many of these are two-handed paddles and they can cause serious damage. The small cricket bat type of paddle has a slightly curved surface which means the strike is not only given with tremendous force, it's highly concentrated. You can cause some serious injury here and this kind of instrument and this kind of play is strictly for the experienced.

The wooden spoon or bath brush

There's something very humiliating about a simple household implement being used to spank a bottom. If your spankee likes the notion of over the knee spankings, then this may be the perfect tool. Not only does it deliver a wicked sting but it just seems foolish to be getting so much impact from such an innocent looking (and small) tool. It's a devastating implement in so many ways but because the impact is so concentrated, you can be sure to end up with bruising when you're done.

Plastic paddle and everything else

There are so many other instruments that can be used. Canes have a severe impact. A wooden spatula from the kitchen can be nasty. A lexan (clear plastic) paddle is usually narrow and wicked stinging hot (no give to it at all).

You have to use caution when you graduate from hand spankings to paddlings so please be careful!



This is how you clean me...

Occasionally during a spanking a small amount of blood may appear on the skin as a result of a blemish being broken open, so therefore any implement, whether it be wood, plastic or leather should be disinfected after use.

The best way to clean your implements is to give them a quick dip in hot soapy water. Then dry them with a dry cloth. You may also need to give your implement a wipe with a cloth that has been dipped in Savlon, Dettol or surgical spirits.

Then hang your implement to air dry.

Have fun! Play safe!



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