

I am your clamps...

This is who I am...

Clothespins/ Pegs - Wood versus plastic

Wooden clothespins are a bit kinder and have less tendency to abrade, thus it is suggested to start with them.

Plastic clothespins tend to have much smaller ribbed gripping surfaces, and a 'feel' much stronger than the equivalent wooden ones.

Extremely small plastic clothespins are very nasty indeed, and many may be used in the same area for greater intensity.

Wooden clothespins are available in several qualities, with the older, thicker ones being a bit better in quality, and the thin ones are more likely to splinter or have sharp edges.

As one may purchase pegs/ clothespins in large quantities from most supermarkets, these rank among least expensive of toys, and among the most versatile.

Almost anything one may do with fingertip squeezing may be done with clothespins, and several things that cannot be accomplished with one's fingers may easily be done with these tiny household beauties.

Of course, this does leave your hands free for other activities....

Clamps

Clamps come in all sorts of different designs and even colours, with the most popular being the stainless steel tweezer type or the traditional Japanese clover leaf.

These type of clamps usually have a chain that joins the two clamps together, so that when the clamps have been clamped to the nipple, one can gently tug on the chain to increase the "bite".

Weights can also be added to the chain for additional pressure.

Other types of clamps include vice grips, where you can tighten the clamps as you would a normal vice grip, magnetic type clamps, you can use paper clips, crocodile hair clips and more.

Just let your imagination run free!

This is how you use me...

Standard Techniques

[suggestions for beginning and advancing]

One classical place to begin with clothespins/ clamps is the nipple, but there are many possible variations to this alone.

The first grip recommended most often is with the clothespin/ clamp pointing straight onto the nipple, not from the side,

gripping the base of the nipple, not the tip, and perhaps a bit of areola as well. This does not have the same sort of

'bite' as grasping the nipple alone may, and often does wonderful things for sensitivity without causing severe pain.

It is best to start with a rather weak clamping pressure and work upwards, and if you are just beginning, try not to leave the pins or clamps on for too long [start with what you can endure, in short bursts of time and eventually work up to perhaps twenty minutes).



The longer the clamping time, the more fierce the sensation caused by removing the pressure. The increased sensitivity afterwards may last from minutes to many hours, depending on the person, the clamping force and time; and several things might be done in this period to use that sensitivity to advantage [beating with the proverbial 'wet noodle' or even a feather duster is quite effective]. Ice applied immediately after removing the clothespin or clamp may reduce the length and severity of the sensation if that is desired.

You might try putting the clothespin or clamp on sideways, with the nipple centered in the hole in the clamping area. If you do this far enough back on the nipple base or areola, the tip of a large nipple will remain exposed for other things, such as ice, nibbling, or smaller clips and clamps.

You might try clamping the nipple only, or work gradually out from the areola as one's ability to enjoy more pressure increases. Tapping or lightly brushing the tips of attached clothespins or clamps is effective, and a light vibrator may also give a different sensation.

Several people have mentioned pulling on clothespins or clips with strings, chains or cords.

The nipple itself may also be encircled by a thin cord or thread or even un-waxed dental floss. Avoid slipknots for the obvious reason that they might tighten too far in use.

Pulling off a clamp or clothespin is more painful than the actual putting on of the device. Again, the longer one leaves them attached, the stronger the result.

It is also possible to flick off clothespins or clamps with a flogger or some other striking device, and combining the two is an interesting way to add some bright 'explosions' to the sensations of a 'standard' flogging without switching instruments or striking harder. When doing this near the front of the body, be aware of the potential to hit the face.

Other places you might wish to try

Many areas of the body might do well with a bit of clamping either for sensation or visual appeal.

Other parts of the breast, and any portion of the torso and limbs where one may gather a bit of skin come immediately to mind.

In view of the tiny expense, one might use many dozens at one time.

Specific classic variations include but are not limited to:

- o a row, circle [or other sigil of your choice] on the belly or back one or more on the labia or other areas of 'wobbly bits' on the inner thigh or arm
- o a belt of clothespins round the waist
- o small clothespins on the webbing of fingers and toes
- o the earlobe [the dangling legs of the clothespin brush the neck nicely]
- o behind the knees and inside the elbows
- o a circle round the thighs as a reminder to keep them spread

When to remove that nipple clamp

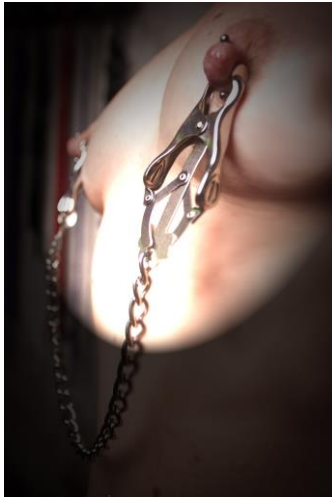
Circulation is key! You can't leave devices on that limit circulation too long.

5 minutes to a maximum of 20 minutes is usually the limit (different devices can be more or less impactful).

But with that in mind, you need to put the nipple clamps on at *just* the right time so that when you *do* remove them, it's at the height of arousal so that the intense burning additional feelings at the tip of the breasts throws someone over the edge.

Things to keep in mind:

- o Choose the type of nipple clamp you and your partner would like to use. They come in various forms, including a spring clip type, bars with a thumbscrew, clips with vibrating toys attached and tweezer-like clamps with rings to adjust the tension.
- o Test the nipple clips or clamps before you use them on your partner or yourself. Clip them to the webbing between your thumb and first finger to get an idea of how much tension you want to use. If your clips are not adjustable, leave them on for a shorter period of time.
- o Enjoy nipple clamps even if you don't like pain. Place the clamps further back on the nipple closer to the breast (or skin on a man) to allow for nipple erection and stimulation without pain.
- o Tease your partner's nipples during BDSM or bondage play once the clips are on. You can hang weights from the clamps, for example, or lightly tug on the chain holding them together.
- o Use nipple clamps on other body parts during bondage play. They also work very well on male and female genitals, as well as earlobes and lips.
- o Combine the use of nipple clamps with other nipple and breast toys for heightened sexual arousal.



Tips & Warnings

- o Use nipple clamps on your partner after you have tied him or her up or bound the arms away from the chest. This way, he or she cannot knock the clamps or clips off of the nipples during play and you'll both have more fun while he or she tries to endure the sensation.

- o Do not leave the clamps on for more than 15 minutes at a time. They cut off blood circulation to the nipples and can cause damage if left on too long. People with better circulation and more tolerant for pain can leave them on a few minutes longer.
- o Remove the nipple clamps carefully to avoid tearing the skin. Also, be aware that the pain tends to be more intense after the clamps are removed as blood rushes back into the nipples. Pinching is not the only cause of the pain, so plan for this by adjusting the tension when you first attach them.

This is how you clean me...

The best way to clean your implements is to give them a quick dip in hot soapy water. Then dry them with a dry cloth. You will then need to give your implement a thorough wipe down with a cloth that has been dipped in Savlon, Dettol or surgical spirits.

Then hang your implement to air dry.

Have fun! Play safe!



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